

SUCCEED IN Studying

IDENTIFY THE RIGHT PLACE TO STUDY

- Identify a place where you can concentrate and that works for you – the library, an empty classroom, at home, at a friend's house, the hostel, a quiet corner in the canteen
- Make sure that there is enough light and fresh air



WORK THROUGH THE COURSE CONTENT

- **EXPLORE THE CONTENT:** Read through your notes and the textbook, get the background information. Do assignments and projects
- **FIX MAIN POINTS INTO YOUR MIND:** Identify the main topics and ideas and summarise them in a way that you understand. Use a method that best suits your learning style to remember facts, definitions and content
- **TEST YOURSELF:** Work through old exam papers, redo your assignments without referring to your textbook or notes

FIND AND USE THE STUDY METHOD THAT WORKS FOR YOU

A commonly used learning style model is Flemming's* (2001) Visual, Auditory, Kinesthetic (VAK) model. According to this model most people will have a preferred learning style or combination of the three styles:

VISUAL (See)

You learn best when you can see what you are learning. Use mindmaps, graphs, flashcards and colour to help you remember

AUDITORY (Hear)

You learn best when you can hear what you are learning. Pay careful attention during lectures, record your lecturer and play it over again or make your own recordings of key points

KINESTHETIC (Touch)

You learn best when you are doing what you are learning. Get involved in the learning process, act out what you are learning

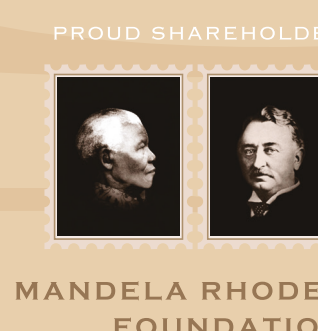
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* Flemming, N.D & Mills, C (1992). Helping students understand how they learn. The teaching professor, Vol 7, No.4, Magma Publications, Madison, Wisconsin, USA, 1992. This seems to be the first publication, but he has published numerous others subsequently.